

# Paul Habans 3<sup>rd</sup> to 8<sup>th</sup> Grade Lunch January



**Fruit Choices may include: Apples, Bananas, Oranges, Seasonal Options.**  
**Milk Choices Include: 1% Plain, Non-Fat Plain, Non-Fat Flavored.**  
**Vegetable Choices include fresh, local, and seasonal options.**

<p><b>6</b></p> <p><b>-Entree Choice-</b> Baked Pasta Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Romaine Side Salad Steamed Corn</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>7</b></p> <p><b>-Entree Choice-</b> Taco Tuesday Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Black Beans Steamed Corn</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>8</b></p> <p><b>-Entree Choice-</b> Pizza Hot Dog Salad Bar</p> <p><b>-Vegetable Choices-</b> Romaine Side Salad Mixed Vegetables</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>9</b></p> <p><b>-Entree Choices-</b> Pork Chop w/ Gravy &amp; Brown Rice Hamburgers/Cheeseburgers Salad Bar</p> <p><b>--Vegetable Choices--</b> Stewed Okra Sauteed Cabbage</p> <p><b>--Fruit Choices--</b> <b>--Milk Choices--</b></p>	<p><b>10</b></p> <p><b>-Entree Choice-</b> Tomato Soup &amp; Grilled Cheese Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Mixed Vegetables Hashbrowns</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>
<p><b>13</b></p> <p><b>-Entree Choice-</b> White Beans &amp; Rice w/ Smoked Sausage Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Collard Greens Glazed Carrots</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>14</b></p> <p><b>-Entree Choice-</b> BBQ Pork Riblet w/ Mashed Potatoes Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Romaine Side Salad Roasted Summer Squash</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>15</b></p> <p><b>-Entree Choice-</b> Breakfast for Lunch Hot Dog Salad Bar</p> <p><b>-Vegetable Choices-</b> Hashbrowns Baked Beans</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>16</b></p> <p><b>-Entree Choice-</b> BBQ Chicken w/ Mac &amp; Cheese Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Roasted Broccoli Sweet Potato Wedges</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>17</b></p> <p><b>-Entree Choice-</b> Smoked Sausage Sandwich Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Mixed Vegetables Corn on the Cob</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>
<p><b>20</b></p> <p><b>NO SCHOOL</b></p>	<p><b>21</b></p> <p><b>-Entree Choice-</b> Taco Tuesday Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Black Beans Steamed Corn</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>22</b></p> <p><b>-Entree Choice-</b> Spaghetti &amp; Meatballs Hot Dog Salad Bar</p> <p><b>-Vegetable Choices-</b> Roasted Broccoli Mixed Vegetables</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>23</b></p> <p><b>-Entree Choice-</b> Lemon Pepper Chicken w/ Brown Rice Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Green Beans Roasted Red Potatoes</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>24</b></p> <p><b>-Entree Choice-</b> Gumbo &amp; Grilled Cheese Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Roasted Carrots Hashbrowns</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>
<p><b>27</b></p> <p><b>-Entree Choice-</b> Red Beans &amp; Rice w/ Smoked Sausage Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Collard Greens Glazed Carrots</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>28</b></p> <p><b>-Entree Choice-</b> Crispy Chicken Nuggets w/ Mac &amp; Cheese Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Roasted Sweet Potatoes California Blend</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>29</b></p> <p><b>-Entree Choice-</b> Salisbury Steak w/ Mashed Potatoes Hot Dog Salad Bar</p> <p><b>-Vegetable Choices-</b> Roasted Broccoli Peas &amp; Carrots</p> <p><b>-Fruit Choice-</b> <b>-Milk Choice-</b></p>	<p><b>30</b></p> <p><b>-Entree Choice-</b> Chicken &amp; Waffles Hamburgers/Cheeseburgers Salad Bar</p> <p><b>-Vegetable Choices-</b> Baked Beans Romaine Side Salad</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>	<p><b>31</b></p> <p><b>-Entree Choice-</b> Hamburgers &amp; Cheeseburgers Crispy Chicken Sandwich Salad Bar</p> <p><b>-Vegetable Choices-</b> Hashbrowns Corn on the Cob</p> <p><b>-Fruit Choices-</b> <b>-Milk Choices-</b></p>

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